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July 2018

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Parish News

CONDOLENCES to Kevin, Karen, family and friends on the loss of Pat Winterton who passed away suddenly, aged 82 on 22 June. Pat was born at Lings Farm, and lived in Witham on the Hill for much of her life.

WEDDING CONGRATULATIONS to Rosanna Lilly (daughter of Vic & Anne Marie Lilly, formerly of Manthorpe) and Rob Blakeley: married at The Gardens, Yalding, Kent on 22 June. Wishing them a lifetime of happiness together.

WELCOME BACK Ann and Richard Burbidge to your new home in Witham on the Hill. Hope you soon settle back into village life!

CONGRATULATIONS to Kirstie and Alex Kirkwood on the birth of Phoebe Isabelle on 15 June. Another grandchild for Janet and Ian Kirkwood of Witham on the Hill.

WELL DONE & THANK YOU to the team of mostly pensioners (one well into his 80s!) who cleared and tidied the stocks and surrounding area in Witham on the Hill on 14 June. A magnificent job! Another session will take place on Saturday 7 July from 9am, so more help would be greatly appreciated, if you can spare an hour or two - especially from younger and fitter parishioners!

Dates for your Diary

Wednesday 4 and 18 July, 10.30am - 12 noon, Swinstead Village Hall. Tea / Coffee and Cakes - £2.00 - All Welcome.

Saturday 7 July, 6.30pm to 9.30pm, GIG IN THE GARDEN, Edenham

Vicarage. Smuggler Jack play their annual 'music in the garden'. Tickets are £7.50 (available on the gate) children are free – bring your own picnic.

Details and tickets 01778 591358 – proceeds to Edenham School Fund and other good causes.

Saturday 7 and 21 July, 7.30pm, Swinstead Village Hall. Pub Games and Social Evening. All Welcome, no cover charge - darts competition

Saturday 7 July, 8-11am, St Andrew's Parish Hall, Witham on the Hill. Big

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Monday 9 July, 2.30pm, WOTH Historical Society visit – Prebendal Manor, Tithe Barn and gardens, Nassington, PE8 6QG £8.00 per person. Optional afternoon tea with cake £4.70 per person. Please book via Sue Cork, stating if you require the tea.

Saturday 14 July, 3pm until 5pm, The Vicarage garden Edenham. Church garden fete. We have all the traditional garden games like skittles, bowls, tin can shy, roll a ball, throw the dice and many lovely stalls to browse. Homemade teas will be on sale and you can sit and enjoy in the garden. If you would like to donate a raffle prize or tombola prize, please contact Ruth Atter and she has kindly offered to collect if necessary, or you can leave it with her at 9 School Lane, in church or at the Vicarage. Contact Ruth on 01778 591328.

Sunday 22 July, 3pm, Witham on the Hill Village Green. Rounders Match with Bring and Share picnic.. All welcome to play or watch.

Thursday 26 July (then on 16 August, 13 September, 18 October, 15 November and 13 December), **11am, St Andrew’s Parish Hall. Food for Thought**, bible study followed by a simple lunch at noon. Donations to Christian Aid.

Sunday 29 July, 2.30pm, Swinstead Village Hall *CHANGE OF DATE***.** Church Garden Fete.

Saturday 11 August, 7.30pm, Swinstead Village Hall. Summer Supper - cold buffet meal and entertainment by local vocalist Chris Hatch back by popular request. Tickets **£6.00** per head - contact George on 01476 552169 or Liz on 01476 550972

Wednesday 5 September, 7.30pm, St Andrew’s Parish Hall. WOTH Historical Society talk by Stuart Orme: “An Introduction to Peterborough Cathedral” The remarkable history of the Cathedral and its site, including what goes on behind the scenes, revealing the 900-year-old story of this



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remarkable institution and its place in the city. Members £2, visitors £3.

Saturday 15 September, Edenham Village Hall. Steam Action 42nd Annual Produce Show. 8.30 -10.30am – bring entries to the hall; 2pm – viewing and refreshments; 3.30pm – presentation of trophies

NATIONAL JUNIOR ROAD RACE CHAMPIONSHIPS

Sunday 15 July starting and finishing at Witham on the Hill. The boys race starts at 10am, ending about 12.45 and the girls race at 2pm finishing about 4pm. There will be NO parking on the road through the village; cones will be placed on the verges. Visitors to the event will be charged to park at Witham Hall School; but any residents wishing to use the school parking facility will be issued with a voucher for free parking, which will be distributed prior to the event. The road will be closed to through traffic for a short time at the start and end of each race. The route is from Witham to Little Bytham, Careby, Ryhall, Essendine, and back to Witham.

Witham on the Hill Parish Hall Management Committee and St Andrew's Church congregation are planning to maximise this event with activities on the village green, in the Church and Parish Hall. It is planned to provide teas & cakes, to run a tombola and various other stalls. Grasmere Farm butchers will have their outside catering vehicle on the green, the Bull Inn at Rippingale will provide an outside bar, & Gino's ice cream van will be in attendance. It is hoped that there will be various stalls in the Church (if the decorating is complete!).

Offers of help would be greatly appreciated on the day – please contact Janet Kirkwood. It is estimated that there could be 600 visitors, so lots of cakes will be needed! Please give your offers of cakes to Elaine Brock in Bottom Street, Doreen Higgins in Main Street, Jane Clark at the East end of the village, and to Sue Hartley in Manthorpe. Also items for the tombola would be greatly appreciated.

THE VICAR WRITES

It was the experience of worshipping with a handful of others in a small village church that awakened in me a desire to love and serve God when I was a boy of nine years old. Now, fifty-five years later, it is worshipping with a handful of others in village churches that assures me that this desire was a true one. I look forward to many more years of worship in village churches and of being led to serve God in ways that I cannot now imagine.

Worship, has always helped me to find purpose in life and given me new purpose in living. I cannot imagine life without it. Life without an active and purposeful spiritual element would be less of a life. As a priest I have the enormous privilege and joy to give prime time to worship and prayer and, although there have been hard and dry times, a daily rhythm has sustained me. It has been my chief work to offer worship in each of the parishes I serve every Sunday, as well as on some weekdays.

In worship I come to know my proper place in creation. I become aware of God's gifts for me and in me. Worship enables me to reflect on my use of these gifts and hear His voice in the resonances of His Word in my deepest self. Worship has enabled me

to be a thankful person and therefore (most of the time) a happy one. It doesn't really matter to me if there is one person or one hundred people with me. It doesn't matter if I am by myself. When anyone worships in spirit and in truth they are participants in the worship beyond time and space with all the heavenly host. The fellowship of angels and saints is a wonderful companionship. It is an added bonus to worship in our parish churches. I am amazed when I hear from village residents that they have never been inside their local church. To be in one, alone and quiet for half an hour, can be a life changing and life enhancing experience. To my mind there is nothing more beautiful and strengthening to worship God in one of the Three Towers' churches on a summer morning with the light falling through the high windows and the bird song flowing through the open door.

At each Eucharist the priest prays 'it is our duty and our joy at all times to be thankful.' What a duty! What a joy! It is God himself who places his Spirit in us that we may call him Father. It is God who is the source of all worship and praise and his will is that everyone should know the liberation of calling upon his name: even nine-year old boys.

Church Repairs

Most will be aware that St Andrew's Church suffered a great deal of damage through the theft of the lead from its roof. Work is well underway in the repairs. As usual, every cloud has a silver lining and ours is that the subsequent water damage to the interior of the church was such that it is now undergoing redecoration.

Until this is completed, services are held in the sanctuary of the church. This is a very intimate setting and brings with it an even greater sense of togetherness.



As a reminder of the extent of the theft of the lead from the church roof, below are some photos taken shortly after the incident. There are more photos on the Toft cum Lound and Manthorpe website that show that some workers scribed their names into the lead during the work to re-lead the roof in 1818. There is also a picture of 19th century graffiti where one worker scribed his hand and his boot print into the lead.



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Fr Andy presents Gill Stanford with a well-deserved bouquet of flowers.



RECYCLING

ARE YOU CONFUSED ABOUT WHAT WE SHOULD DO?

Are you confused by some of the “guidance” we receive on how best to recycle waste? I know that I am. Regrettably, there is no common standard for recycling across the country. It all depends on the capability of the local recycling facility.

We here in Three Towers land are luckier than many of our neighbours as our district has a very good facility. So how can we help do our bit?

Shopping locally is always a good start. Shoppers at the Munton’s Mill Farm Butcher’s shop in Manthorpe will have noticed that they are now carrying home their meat in brown sealed paper bags. Hannah has explained that this is part of their business’ personal push to reduce the reliance on single-use plastic bags.

Does this mean that we should throw away our trusted heavy white Munton’s bags? No, or course not. Like many, I am sure, my family is still using the same Munton’s bags that we were given over 10 or more years ago. This is recycling at its most basic. Just like the bags for life that major supermarkets use, reusing as many of your plastic bags as much as possible certainly helps.

But what about our silver bin waste? What can we, and just as importantly, can we not put in our silver bins?

Please be very careful when searching the internet for advice. A Google search of “recycling advice in South Kesteven” throws up contradictory guidance. You will find 2 South Kesteven pamphlets/posters that tell us that we can dispose of old clothes, shoes and other textiles in the silver bin: (<http://www.southkesteven.gov.uk/CHttpHandler.ashx?id=9594&p=0> and <http://www.southkesteven.gov.uk/CHttpHandler.ashx?id=9963&p=0>)

These are incorrect and DO NOT represent the current situation. A query to

South Kesteven District Council made in late June 2018 states that SKDC is unable to accept textiles and the like. The current authoritative guidance for our community is found on their main website:

<http://www.southkesteven.gov.uk/index.aspx?articleid=9021>

This link gives access to the following 2 tables:

| Yes please | |
|--------------------------|---------------|
| Cardboard boxes | Egg boxes |
| Waxed drink containers | Newspapers |
| Wallpaper (unused) | Food tins |
| Microwave meal trays | Envelopes |
| Pet food tins | Foil trays |
| Yoghurt pots | Books |
| Pizza boxes | Glass bottles |
| Aerosol cans | Butter tubs |
| Magazines | Food trays |
| Plastic bottles | Drink cans |
| Paper and shredded paper | Foil |
| Ice cream pots | Jars |

No thank you

Here is a list of example items. If you are unsure, please contact SKDC

| | |
|--------------------------|------------------|
| Clothes | Shoes |
| Textiles | Electrical items |
| Crockery/glassware | Plastic bags |
| Raw fruit and vegetables | Coat hangers |
| Pillows and duvets | Paint tins |
| Videos | Crisp packets |
| Washing up bowls | Footballs |
| Ring binders | Car batteries |
| Food waste | Engine oil |
| Nappies | CDs |
| Cling film | Ashes |
| Tapes | Wood |
| Basketballs | Scrap metal |
| Polystyrene | |

The thing to remember is to place only clean items in the silver bin. One single contaminated item can mean that the whole consignment has to go to landfill. The current advice is that if you are unsure that an item is recyclable or acceptable to the SKDC recycling centre then DO NOT place it in the silver bin.

As for the **black bin**, you may be surprised to read what should not be placed in there:

| Yes please | | | |
|-------------------------|---------------|--|--------------------|
| Crockery/glassware | Nappies | | |
| Fruit and vegetables | Food waste | | |
| Plastic children's toys | Crisp packets | | |
| Glass sheets and panes | Cling film | | |
| Polystyrene | Ashes | No thank you Here is a list of example items. If you are unsure, please contact SKDC | |
| Plastic bags | Coat hangers | | |
| Paint tins (empty) | | Car batteries | Wood |
| | | Pillows and duvets | Building materials |
| | | Tapes | CDs |
| | | Household batteries | Videos |
| | | Engine oil | Scrap metal |
| | | Garden Waste | Recyclables |

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EDENHAM PRIMARY SCHOOL - NOTE FROM HEAD TEACHER

Dear Families and Friends,

I am pleased to be able to confirm that the LAAT and school governors have been able to confirm leadership arrangements for our school, from September.

Mr Jonathan Austin, currently the Headteacher at Grantham St Anne's CE Primary, will become the Executive Headteacher of both schools, and he will be onsite at Edenham for a minimum of two days per week.

We are also delighted that Mr Michael Pasqualino will take on the role of Head of School for Edenham: he will continue to teach for 3 days per week assuming responsibility for key subject areas including English, Maths, Science, History and Geography. He will also have leadership release for the equivalent of 2 days per week to work with Mr Austin, and to support all staff and families as necessary.

Huge congratulations to him and I have no doubt that he and Mr Austin will make a fab team for Edenham! Mr Pasqualino will be the Designated Safeguarding lead, a role also supported by Mr Austin.

Mr Pasqualino and Mr Austin will spend time together and with me over the coming weeks, and we will ensure that you have time to meet Mr Austin when he is onsite.

I would also like to send massive thanks to all staff, governors and parents; change is often not easy and uncertainty is difficult so sincere and heartfelt thanks for your patience and support. I have real sadness about leaving and it's great to know our lovely school and everyone in it, will be in safe hands.

Best wishes
Kris Radford-Rea

A FEW WORDS FROM OUR NEW HEAD OF SCHOOL

Introducing Mr Michael Pasqualino - senior Teacher at Edenham School

After teaching in Peterborough for 8 years in different settings and roles alongside being a KS2 class teacher, I have been leading teaching at Edenham CE since January. I will be taking on the role Head of School in September. I will be working with Mr Jonathan Austin who will become our Executive head-teacher.

I stumbled upon Edenham and after a single visit I knew it was something I wanted to be a part of. It exudes creativity, individuality as well providing a great all round education for each and everyone of its children. Not only this but it has strong sense of community at its core, helped with the close connection to St Michaels and All Angels church. With the new leadership structure in place, I am sure the future will continue to be exciting for Edenham. We always welcome the local community to keep in touch with us and for any new families please don't hesitate to contact us via enquiries@edenham.lincs.sch.uk, as we are always proud to show and welcome everyone into our school. We look forward to meeting you.

Witham on the Hill Historical Society

All meetings in the St Andrew's Parish Hall, unless otherwise stated

External visit - to Peterborough Cathedral as it is 900th anniversary and afterwards visit Peterborough Museum. Provisional Date of Meeting at the Cathedral West Front, Main Entrance at 10am, Tuesday 25th September (to be confirmed)

Christmas Lunch – Friday, 7th December, at the Six Bells, Witham-on-the-Hill. 12.30 for 1pm. Please book via Secretary, deposit, closing date and food choice, nearer the time.

Winter Walk - around Castle Bytham, 10.00am, 31st December. Meet at the Bus Stop opposite the Castle Pub. Lifts are available if needed.

Lots of history, with lanes and paths to walk. The Castle has links back to William the Conqueror's family.

100 years ago this month

(From entries made by the Rev L H Cooley into the Parish Magazine—
reproduced by kind permission of The Witham on the Hill Historical Society)

July 1918

Pte. Arthur Crowson, who was at one time an under-gardener at the Hall, is, we grieve to say, reported killed through gas poisoning. All of us who remember him will hear of his death with great sorrow, for Arthur Crowson was a capital fellow, one of those lads whose influence was entirely for good. The Vicar used to hear from him from time to time, and he always wrote with a cheerfulness and courage which was splendid. Some of these letters he has still kept, and the following quotations will show how strong and firm was his faith. "We still keep smiling," he writes, "and know that God will hear our prayers, and do the best for us. Dear sir, I myself and all of us have more need of God than ever we had before, and we know it too." In another letter he writes; "Well, dear sir, I see no fear when in danger, as I have always God on my side, and if it is His good will to take me to a better place where there is no pain and no enemies, He will do so." Well, He *has* done so, to his great gain, no doubt, but to our very great loss, for fine manly young lives such as his are the very salt of the earth - R.I.P.



Joined up. - We have recently lost a very useful helper in John Lound, who has now joined the colours. We owe him much gratitude for his valuable help in the belfry, and his unflinching attendance there to ring for all services. We trust that his example may be followed by those of our young ringers

who still remain, so that we may be able to assure him that we are still "carrying on," as he hoped we would.

The Stamford Infirmary. - We are asked once again to have a house-to-house collection for the Infirmary during the present month. In spite of the numerous appeals for help which are made to us in consequence of the War, we must not forget this deserving cause, even if we can only give a little. Last year we collected £5/12/0, which was the largest sum but one raised in any parish in the district. We may not perhaps send quite so much this year, but let us do what we can.

There is a newspaper cutting in the scrapbook, which is re-printed from the "London Gazette". Military Cross. - 16th July 1918 "Lieut. C B. Cooley, R.E., awarded the Military Cross, for conspicuous gallantry and devotion to duty. He pushed forward during an attack and started the construction of two strong points, and laid out a track for pack animals up to the captured position. Later, during an enemy attack, he held and organised the defences of a strong point, and, though without rations, held for two days and nights, under heavy fire, until relieved. He set a splendid example of determined leadership and courage." Lieut. Cooley is a brother of the Rev. L. N. Cooley.

15th July Second Battle of the Marne started. The start of the collapse of the German army.

Swinstead News

Advance notice of the Harvest Festival Supper - Friday 5 October in the Village Hall.

Flower Rota for July:

7th July – 14th July Pat Wright

21st July – 28th July Elsie Keily



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**Notes from the Toft cum Lound & Manthorpe Annual General Meeting
24 May 2018**

At the Annual General Meeting of the Parish Meeting held at Toft Cllr Richard Stephenson was re-elected as Chairman with Cllr Jeremy Dawson as Vice-Chairman. The Parish accounts for 31st March 2018 were approved and can be seen on the Parish website.

At the Parish Council Meeting potholes/roadside breakup was again the major topic of conversation along with detritus along the Toft footpath. C.Cllr Robert Reid reported that he had spoken with LCC Highways about the water problem along the back road to A6121 at Toft and it had been agreed that work was to be undertaken but no date given. He also reported that the large backlog of road repairs should be completed by September. It was suggested that the Council look into purchasing its own grit bins and salt, employ a contractor to flail the verges and investigate re-active speed signs.

Councillors would like to hear from parishioners about anything they feel the Council could do to improve their enjoyment or appearance of the three villages. One suggestion has been Keep-Fit equipment for

adults; please contact the Clerk or Councillor with your ideas.

Councillors are still keen to organise a First Aid Course for residents of Toft, Lound & Manthorpe in the autumn. It would involve how to deal with any emergency, accident or injury, emergency life support procedures and conclude with a defibrillator demonstration. If you would be interested please contact the Clerk as soon as possible.

Councillors adopted the new General Data Protection Regulations. If any resident would like their details removed from the Parish Council database please contact the Clerk.

D.Cllr Martin Wilkins reported that he had £1,000 to spend within his ward to help support grassroots projects. If you would like more information please contact SKDC's Members Support Assistant on 01476 406430.

Rosemary Trollope-Bellew, Clerk to the Council.

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Steam Action 42nd Annual Produce Show

Saturday 15th September 2018 at Edenham Village Hall

8.30-10.30am – bring entries to the hall (25p p/entry)

2pm – viewing and refreshments

3.30pm – presentation of trophies

All classes are open to pupils of Edenham School, residents who live in the parishes of the Three Towers Magazine (Edenham, Swinstead and Witham, Toft cum Lound and Manthorpe), and any children whose relatives live within the parishes.

Section A – Flowers

(Grown by the exhibitor for at least 2 months)

1. One rose (any variety)
2. Vase of six roses (any variety)
3. Vase of mixed flowers cut from open border (any variety)
4. Tallest Sunflower (judged on premises)
5. Flowering pot plant
6. Vase of five dahlias
7. Vase of five chrysanthemums
8. Vase of sweet peas
9. Foliage pot plant
10. Hanging basket (judged on premises)
11. Cactus

Section B – Decorative

(Completed in the last 12 months)

12. Arrangement of flowers (not to exceed 24" overall)
13. Wreath
14. Button hole used for a wedding (man or woman)
15. A collage of leaves (maximum size A4)
16. A flower or foliage arrangement in an unusual container
17. Arrangement of flowers, fruit or vegetable not to exceed 12" overall
18. Arrangement of garden materials (no purchased blooms)
19. One vegetable and one bloom (open to any interpretation)
20. Greenery arrangement not to exceed 18" overall

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Section C –Fruit and Vegetables

(Grown by the exhibitor for at least two months)

21. Box of mixed vegetables (maximum box size 18” x 12”)
22. Cucumber
23. Three potatoes any colour
24. Three quality carrots with 3” tops
25. Pepper (any variety)
26. Three onion sets
27. One large onion
28. Three greenhouse tomatoes
29. Three pods of runner beans
30. Unusual shaped, or sized, fruit or veg
31. Pair of marrows, courgettes, squash or pumpkins
32. Five shallots
33. Three beetroot
34. Tied bunch of three herbs
35. Three dessert apples
36. Three cooking apples
37. Bowl of dessert fruit

Section D - Homemade

(Completed in the last 12 months and wrapped in Clingfilm where possible)

38. Homemade beverage (alcoholic or non-alcoholic)
39. Jar of curd any flavour (must have cellophane top)
40. Jar of jam any flavour (must have cellophane top)
41. Jar of marmalade any variety (must have cellophane top)
42. Jar of chutney any variety (must have cellophane top)
43. Jar of piccalilli (must have cellophane top)
44. Victoria Sponge (jam filled, sprinkled with castor sugar)
45. Six squares of flapjack
46. Showstopper (baked item with WOW factor)
47. Four fruit scones
48. One rich fruit cake
49. Savoury quiche in foil container
50. Apple pie in foil container
51. Loaf of bread

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52. Decorated chocolate cake
53. Bake off cake (see recipe)
54. Five pieces of Shortbread
55. Five decorated cupcakes
56. Lemon tray bake
57. Six sausage rolls

Section E - Handicrafts

(Completed in the last 12 months)

58. Drawing or Painting (oil or watercolour)
59. Sewing machine item
60. Woodcraft (e.g. turned or carved)
61. Hand knitted baby or child garment
62. An item of patchwork
63. A wind chime
64. Article of embroidery or tapestry
65. Knitted or crocheted item
66. Upcycled / recycled item
67. An item of paper craft

Section F – Children Under 7 years

68. Item of cookery
69. Vegetable model
70. Flower painting or drawing
71. Photograph of a pet
72. Miniature garden (maximum size 12" x 18". Traditional or modern. Be creative!)
73. Home grown fruit, flower or vegetable
74. Item of handicraft (e.g. cross stitch, sewing, knitting, crochet)

Section F - Children (Continued) 7 – 15 years

75. Item of cookery
76. Vegetable model
77. Flower painting or drawing
78. Photograph of a pet
79. Miniature garden (maximum size 12" x 18". Traditional or modern. Be creative!)

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80. Home grown fruit, flower or vegetable
81. Item of handicraft (e.g. cross stitch, sewing, knitting, crochet)

**Section G – Photography (Taken within the last 12 months)
(Maximum size of photo 7" x 5")**

82. Recreated photo (include old and new photo)
83. Triangles
84. A Magnificent Tree
85. A Historic Building
86. Amusing photo with caption

Section H – Disaster

87. Planned entry that ended in disaster

Recipe for Section D Class 32

**Carrot Cake with Buttermilk Glaze
Cake**

- 2 cups SF flour
- 2 tsp baking soda
- 2 tsp ground cinnamon
- ½ tsp salt
- 3 lrg eggs
- 2 cups sugar
- ¾ cup vegetable oil
- ¾ cup buttermilk
- 2 tsp vanilla extract
- 1 can (8oz) crushed pineapple, drained
- 2 cups finely grated carrot
- 1 cup chopped walnuts
- 1 cup sweetened shredded coconut

Glaze

- 1 cup sugar
- ½ cup buttermilk
- ½ cup butter
- 1 tbsp light corn syrup
- ½ tsp baking soda
- 1 tsp vanilla extract

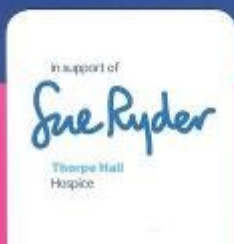
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Impact Photography

11th July – 8th August

A diverse collection of startling photographs and digitally manipulated images by the prize-winning photographer,

Alex Miller



After a life-long practice of drawing and painting, Alex Miller came late to the art of photography, finding it the perfect medium to express his creativity and imagination. During the seven years that he has dedicated to photography he has been awarded many prizes in group exhibitions and these images will be among those on show in this solo exhibition.

His photographs in black and white and in colour demonstrate his keen eye for a dramatic composition and unusual subject matter, whilst his use of image manipulation in Photoshop enables him to expand and develop his pictures in arresting and imaginative ways to emphasise his themes; truly, as he says, “impact photography.”

Meet the Artist at the Gallery on Saturday 14th July, 12 – 4.30 pm.

www.willoughbygallery.com

Witham on the Hill WI June 2018

It's not often we go to WI meetings and wonder how much more we should be doing with our time. Our speaker Helen Philips has been to India 22 times – she is involved in several Charities such as “Ray of Hope” which teaches women who were begging how to make crafts and sell their goods. She is also involved in aid for a leper colony, sourcing a library for a school and “Days for Girls” which makes and provides reusable sanitary underwear. The reason Helen started travelling to the Himalayas was because she has a degree in textiles and is a Yoga teacher so hoped to be able to learn more about her interests while exploring the area. Helen discovered where pashminas are made in Northern India in Srinagar, near Tibet. She told us that a real pashmina is made from the combed wool from the underbelly of the pashmina

goat. The wool is incredibly fine and soft but the fibres are short and need great skill to spin. The wool is a third finer than cashmere. Women spin the wool and men work the looms. The master craftsmen of Kashmir embroider by hand, without frames or patterns. She brings the pashminas and other craft items back home to sell for the people of Srinagar. Vote of thanks was given by Jane Clark. Jenny Stanton won the raffle. The competition was for a favourite scarf: Jenny Stanton won, Doreen Whitaker came 2nd and Julia Haynes 3rd. Our next meeting is on **Tuesday 10 July** (note the second Tuesday of the month). It will be a joint WI meeting in Carlby village hall at 7.30pm and the theme is Suffragettes – the competition is for the best dressed lady in period costume! All visitors are sure of a warm welcome. For further info contact Secretary: Jane Clark tel 01778 590232.

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Junior Women's Start- 2pm



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This is a stuffed sandwich loaf – perfect for picnics. The meats and cheeses can be varied according to taste.

Muffuletta

1 small round white crusty loaf

1 ball mozzarella, sliced

8 slices Italian salami

6 slices emmental

8 slices cooked ham

OLIVE SALAD

100g green olives stuffed with pimento, sliced

1 shallot, finely chopped

½ celery stick, finely diced 1tablespoon capers, rinsed & drained

3 tablespoons olive oil

1 tablespoon red wine vinegar

Mix olive salad ingredients & leave to stand for ½ hour. Split the loaf in half horizontally, & hollow out some of the bread from top & bottom (save & freeze to use for bread crumbs). Spread ½ olive mixture in bottom & add alternate layers of meat & cheese, finishing with rest of the olive salad. Put the top half of the bread on & press down. Wrap tightly in foil & weigh down for 1 hour (can be kept in fridge overnight). Cut into quarters to serve.

Serves 4

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| | Swinstead | Witham | Edenham |
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| July 1 st Trinity 5 | 8.45am Parish Eucharist | 10am Parish Eucharist | 11.15am Parish Eucharist 4pm Evening Prayer – Grimsthorpe Castle Chapel |
| July 8 th Trinity 6 | 8.45am Parish Eucharist | 10am Parish Eucharist | 11.15am Parish Eucharist 4pm (as above) |
| July 15 th Trinity 7 | | 4pm Evening Prayer, Grimsthorpe Castle Chapel | 10.30am Three Parishes Eucharist and bring and share lunch. Grimsthorpe Castle Chapel and grounds. |
| July 22 nd Mary Magdalene | 8.45am Parish Eucharist | 10am Parish Eucharist | 11.15am Parish Eucharist 4pm (as above) |
| July 29 th Trinity 9 | 8.45am Parish Eucharist | 10am Parish Eucharist and Holy Baptism | 11.15am Parish Eucharist 4pm (as above) |
| August 5 th Trinity 10 | 8.45am Parish Eucharist | 10am Parish Eucharist | 11.15am Parish Eucharist 4pm (as above) |

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